



@tish_london

BREAKFAST

Served until 11.15am

Tish Breakfast £16

Cumberland sausage, latkes, smoked duck poached egg, harissa baked beans, mushrooms roasted tomato & toast

Pancakes or Challah French Toast £7.5

Chocolate sauce or maple syrup berry compote

Challah Benedict £8.5 / £16.5

Salt beef or smoked salmon one or two poached eggs, hollandaise

Shakshuka £10

Spicy tomato & pepper casserole, two eggs tahini cream, toast

Porridge £6

Almond milk, cinnamon, fresh fruit

Two Eggs Bagel £7

Poached, scrambled or fried

Tish Cakes & Treats

Please ask our team about today's freshly made treats

London Cure Smoked Salmon £11

Tomato, cucumber, red onion, avocado capers, bagel

Avocado £7

Crushed avocado on toasted white rye

Omelette £7.5

Pepperonata or mushrooms

Granola & Yogurt £6.5

Soya yogurt & berry compote



EXTRAS

London Cure Smoked Salmon / Cumberland Sausage / Avocado £3.5 | Sautéed Mushrooms / Roasted Tomatoes / One Egg poached, scrambled or fried £2.5

Toast & Marmalade Bagel, Challah or Caraway White Rye £2.5

LUNCH

Served until 3.15pm

Tish Selection £14

For the table Hummus, harissa spiced white bean & charred aubergine dip, mezonot crackers & pita

Chicken Soup £9

Pearl barley & vegetables

London Cure Smoked Salmon £11

Tomato, cucumber, red onion, capers, brown rye bread

Goose Foies Gras £21

Homemade goose liver parfait, toasted challah apple, pear & ginger chutney

Garden Pea & Mint Soup £8

Basil oil, lemon oat creme fraiche

Heritage Tomato Salad £9.5

Whipped truffle soya soft cheese, basil

Smoked Duck £12

Charred oranges, baby leaves walnut dressing



MAINS

Homemade Burger £17.5

Sesame bun, chips, gherkins & relish

Salt Beef Sandwich £15.5

Relish & dill pickle, toasted caraway white rye

Chicken Schnitzel £18

Breaded supreme, lemon, rocket salad

Large Shakshuka £15.5

Spicy tomato & pepper casserole, three eggs, tahini cream, toast

28 Days Dry-aged Rib Eye Steak £31

300g, crispy shallots

Sauce: Béarnaise or green peppercorn £2

Summer Salad £15.50

Avocado, quinoa, mixed leaves, radishes, tomato, cucumber pumpkin, harissa, lemon ranch dressing Add Chicken £5 / Add Tuna £10

Aubergine Schnitzel £16

Pepper confit, salsa verde, lemon, rocket

Griddled Salmon Steak £21

220g, on the bone, jersey royal, olive oil hollandaise

Griddled Tuna £27

Slow cooked spicy pepper & tomato, herb oil

SIDES

Chips £5

Truffle Chips £7.5

Minted Jersey Royal £5

Wilted Baby Spinach £5

Honey & Cumin Glazed Carrots £5

Heritage Tomato Salad, Shallot & Parsley £5

Herb Latkes £6

Seasonal Mixed Salad £5

Green Beans, Chilli & Garlic £4.5

Tish Dairy Free Restaurant

196 Haverstock Hill, London NW3 2AG | 020 7431 3828 | eat@tish.london

Prices include VAT at 20%. A discretionary 12.5% service charge – shared wholly between the Tish team – will be added to your bill.

Some items may contain allergens, or traces of, please speak to your waiter for further information.

