

## STARTERS

Tomato & Superstraccia Salad £11 (vg, gf) British Heirloom Seasonal Tomatoes, Basil Vegan Stracciatella

Pea & Mint Soup £10 (vg) Pea & Mint soup, Lemon Oat Cream & Curry Oil

> Tuna Tartare £16 Avocado Puree, Ponzu Dressing

Arancini £15 Mushroom & Rice Fritters (vg) Truffle Mayonnaise (v)

Padron peppers £8 (vg, gf)

### Grilled Pita or Toasted Challah £3 (vg)

Homemade Focaccia £7<sup>(vg)</sup> Olive Oil & Balsamic Vinegar

> TISH Selection £15 (vg) Red Lentils, Aubergine Hummus & Grilled Pita

Beef Carpaccio £17 (gf,n) Truffle, Shallots & Walnuts

Foie Gras £28 Goose Liver Terrine, Brioche Toast Homemade Chutney

Summer Salad £12/£17 (v) Grilled Courgette, Quinoa, Tomatoes, Cucumber Squash, French Beans, Soft Boiled Egg Sumac Pita Croutons, Pickled Onion, Ranch Dressing

Add Chicken Thighs £12

# BEEF CUTS -

All our cuts come from carefully selected Glatt Kosher British bred beef & subject to availability

Cote de boeuf £14 per 100g (gf) To Share, From 1.1kg to 1.5kg Homemade Sauces

Jacob's Ladder Maple Glazed £65 Padron Peppers, Red Onion, Chilli Crumb & Chimichurri

Chargrilled Rib eye (gf) Roasted Red Onion Triple Peppercorn Sauce or Chimichurri 300g £42

500g £68

Butcher's Steak £33 (gf) **Onglet Steak** Chimichurri Salsa

Beef Burger £26 Beef Patty, Chimichurri Mayonnaise Lettuce, Tomato, Pickles & Chips

# MAIN COURSES –

**Turkey Schnitzel £27** Breaded Turkey Fillet, Fried Egg Capers & Split Jus

Roast Duck £44 (gf)

Roasted Duck Breast, Confit Leg Bubble N' Squeak Bitter Orange Sauce, Braised Peas

Roast Chicken £29 (gf) Roasted Breast & Leg, Pomme Fondant, Summer Greens Brown Chicken & Thyme Jus

Veal Cutlet £48 (gf)

Slow Cooked Tomatoes, Green Olives Preserve Lemon, Basil

Fish & Chips £27 Battered Haddock Fillet, Mushy Peas Tartare Sauce

Roasted Sea Bass £28 (gf) Lemony Zucchini, Saffron Rice Roasted Bone Jus

Salmon Fillet £28 (gf) Crushed Herb New Potatoes Salsa Verde

Mushroom Linguine £19<sup>(vg)</sup> Truffle Soya Cream Garlic & Thyme

#### SIDES £7 EACH **Truffle Oil Skinny Skinny Chips Garlic Sautéed** Mixed Leaf **French Beans** Heirloom Tomato Chips + £2 **Oregano Salt** Potatoes Salad Lemon Oil Salad (vg, gf) (vg, gf) (vg, gf) (vg, gf) (vg, gf) (vg, gf)

vg- vegan v-vegetarian gf-gluten free n- contains nuts

Tish Dairy Free Restaurant 196 Haverstock Hill, London NW3 2AG 020 7431 3828 | eat@tish.london | @tish\_london Prices include VAT at 20% A discretionary 13.5% service charge or 15% for parties of 8 and above will be added to your bill. Please let us know if you have any allergies or require information regarding the ingredient usded in our dishes